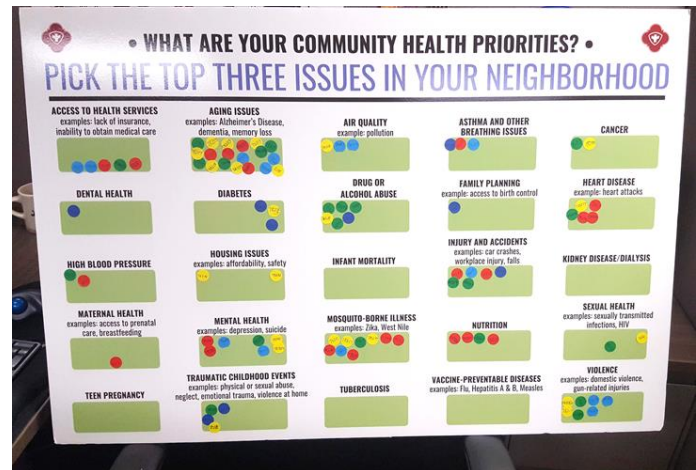




Metro Health Priority Health Issues Assessment 2018

In 2018, The San Antonio Metropolitan Health District conducted a comprehensive survey assessment of the Bexar County population in order to identify what people viewed as the top health issues in their community.

The assessment commenced with a Priority Health Issues interactive survey activity at all six Speak up SA events throughout August/September 2018.



This was followed by dissemination of both electronic and paper surveys (in both English and Spanish) across Bexar County until end of December 2018, via the following methods:

- (1) Electronic Surveys via numerous social media platforms, websites, local media outlets.
According to participants who responded on the electronic survey (N=2,493), the average time taken to complete the survey was 2 minutes.

- Shared on Metro Health Website and all social media accounts
- Shared with GPA, City council offices
- Shared with Partner organizations (e.g. Health Cell, SACADA, Bexar County Health Collaborative, Witte Museum, CI: NOW, Clarity Child Guidance Center, South Texas Asthma Coalition, Trinity University) to distribute on their networks



Metro Health wants to know...



What's your health priority?



HEALTH & WELLNESS

San Antonio's Metro Health Seeks Community Input on Public Health Priorities

ROSEANNA GARZA | OCTOBER 25, 2018

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(2) Paper surveys via our community organizations and Metro Health Programs, for example:

- Healthy Start
- WIC
- Healthy Neighborhoods
- Stand Up SA
- HIV/STD clinics
- Immunization clinics

What are your community's health priorities?

The San Antonio Metropolitan Health District would like your help in identifying the areas of health that are most important to you in your community.

1. What would you say are the three (3) biggest health issues in your community?
(Please choose three from the list below)

- ☐ Access to Health Services (examples: lack of insurance, inability to obtain medical care)
- ☐ Aging Issues (examples: Alzheimer's Disease, dementia, memory loss, falls)
- ☐ Air Quality (example: pollution)
- ☐ Asthma and other breathing problems
- ☐ Cancer
- ☐ Dental Health
- ☐ Diabetes
- ☐ Drug or Alcohol Abuse
- ☐ Family planning (example: access to birth control)
- ☐ Heart Disease (example: heart attacks)
- ☐ High blood pressure
- ☐ Housing issues (examples: affordability, safety)
- ☐ Infant Mortality
- ☐ Injury and accidents (examples: car crashes, workplace injury, Falls)
- ☐ Kidney Disease/Dialysis
- ☐ Maternal Health (example: access to prenatal care, breastfeeding)
- ☐ Mental Health (examples: Depression, suicide)
- ☐ Mosquito-borne illness (examples: Zika, West Nile)
- ☐ Nutrition (examples: food deserts, access to healthy options, sugary drinks)
- ☐ Sexual Health (example: Sexually transmitted infections, HIV)
- ☐ Teen pregnancy
- ☐ Traumatic Childhood Events (examples: physical abuse or neglect, sexual abuse, emotional abuse, violence in the house)
- ☐ Tuberculosis
- ☐ Vaccine-Preventable Diseases (examples: Flu, Hepatitis A & B, Measles)
- ☐ Violence (example: domestic violence, gun-related injuries)

2. What is your zip code? _____



in the news

November 2 | 2018

San Antonio Metro Health seeks community input on public health priorities

The San Antonio Metropolitan Health District is seeking community input to create their strategic priorities for the coming year. Mental health is one of the categories, along with 21 other health concerns. They need 5,000 responses to this 2-minute survey. If you haven't completed the survey and would like to participate, please [click here](#).

Read this [Rivard Report article](#) for more information about the survey.



¿Cuáles son las Prioridades de Salud en su Comunidad?

El Distrito Metropolitano de Salud de San Antonio quisiera contar con su ayuda identificando las prioridades de salud en su comunidad.

1. ¿Cuáles diría usted son los tres (3) principales problemas de salud en su comunidad?
(Por favor elija tres de la siguiente lista)

- ☐ Acceso a servicios de salud (ejemplo: falta de seguro médico, inhabilidad de obtener cuidado médico)
- ☐ Asma y otros problemas respiratorios
- ☐ Calidad del aire (por ejemplo: polución)
- ☐ Cáncer
- ☐ Cuestiones de la vejez (por ejemplo: Alzheimer, demencia, pérdida de la memoria, caídas)
- ☐ Diabetes
- ☐ Drogadicción o alcoholismo
- ☐ Embarazos en los adolescentes
- ☐ Enfermedad cardíaca (por ejemplo: ataque al corazón)
- ☐ Enfermedades del riñón/Diálisis
- ☐ Enfermedades prevenibles con vacunas
- ☐ Enfermedades transmitidas por los mosquitos (por ejemplo: Zika, Virus del Nilo del Oeste)
- ☐ Eventos traumáticos durante la infancia
- ☐ Lesiones y accidentes
- ☐ Mortalidad infantil
- ☐ Nutrición
- ☐ Planificación familiar (por ejemplo: acceso a anticonceptivos)
- ☐ Problemas de vivienda (por ejemplo: precios accesibles, seguridad)
- ☐ Salud dental
- ☐ Salud maternal (por ejemplo: acceso a servicios de cuidado prenatal)
- ☐ Salud mental (ejemplo: Depresión, suicidio)
- ☐ Salud sexual (por ejemplo: infecciones de transmisión sexual, VIH)
- ☐ Tuberculosis
- ☐ Violencia (ejemplo: lesiones a causa del uso de armas)

2. ¿Cuál es su código postal? _____

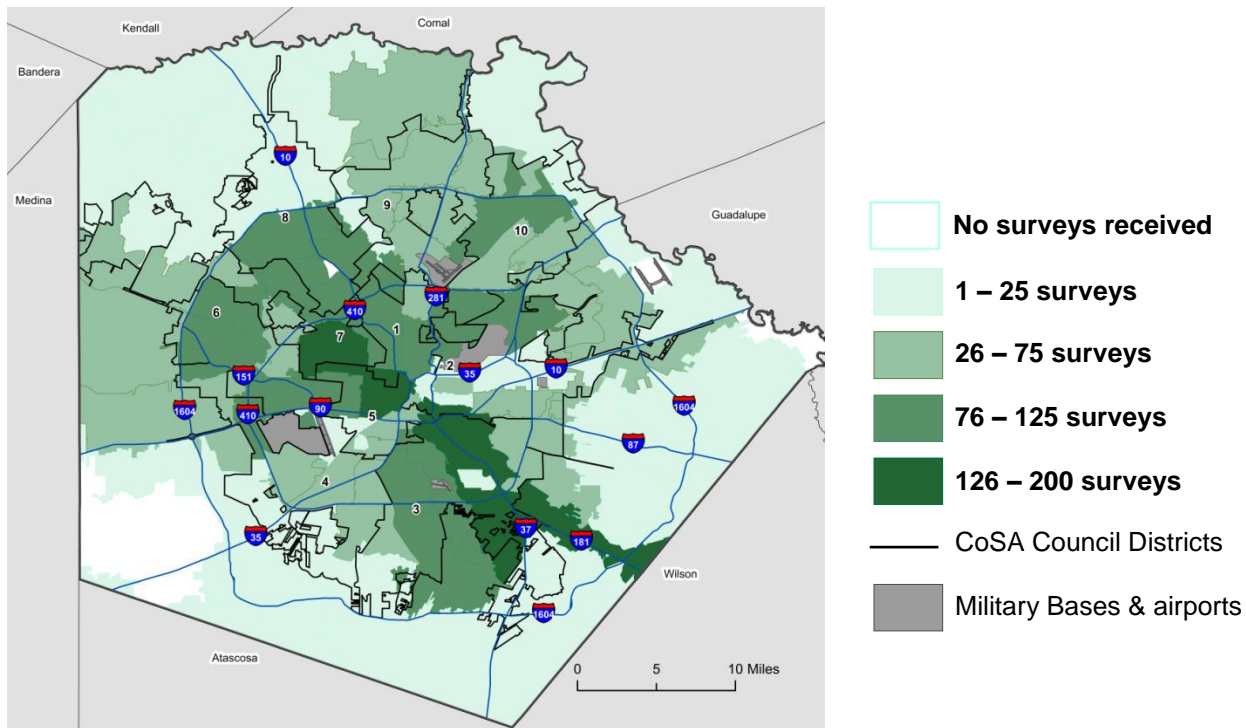


In the survey, each participant was asked to pick the top 3 health issues affecting their community, among a list of 25 health issues.

Overall, 4,147 individuals participated in the survey (with demographic data collected on 3,801):

- 74% Female
- 55% Hispanic/Latino, 27% non-Hispanic White, 5% non-Hispanic Black
- Largest age groups: 25-34 years old, 35-44 years old

Number of Surveys Received by Residential Zip, 2018



The top 10 priority health issues, as identified from the survey, are as follows:

Overall Top 10 Health Issues (presented in alphabetical order)
Access to Health Services (examples: lack of insurance, inability to obtain medical care)
Aging Issues (examples: Alzheimer's Disease, dementia, memory loss, falls)
Dental Health
Diabetes
Drug and Alcohol Abuse
Housing issues (examples: affordability, safety)
Mental Health (examples: depression, suicide)
Nutrition (examples: food deserts, access to healthy options, sugary drinks)
Traumatic Childhood Events (examples: physical abuse or neglect, sexual abuse, emotional abuse)
Violence (example: domestic violence, gun-related injuries)



Metro Health then compiled a comprehensive, informational fact sheet and health impact index for each of the top 10 health issue selected by the participants, using:

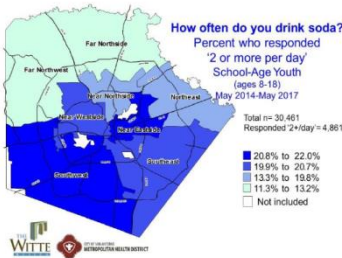
- Up-to-date facts and data on the issue
- Details on risk factors for the issue
- Information on current efforts in Bexar County to address the issue
- Information on evidence-based and policy interventions for the issue

CITY OF SAN ANTONIO METROPOLITAN HEALTH DISTRICT Bexar County Identified Priority Health Issue: Nutrition

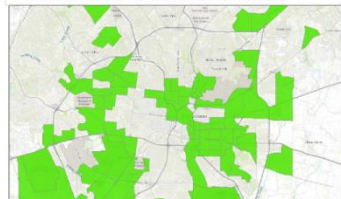
Health Impact Index: 57

Nutrition in San Antonio

- Unhealthy eating is a major risk factor for chronic diseases like type 2 diabetes, cancer, and heart disease.
- Heart disease and cancer are consistently among the top 5 causes of mortality in Bexar County, overall as well as according to sex/gender and race/ethnicity¹



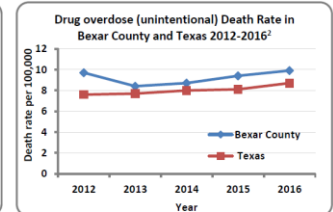
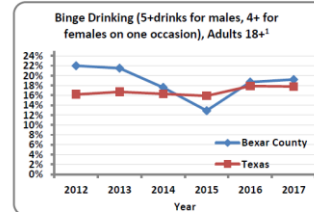
- Healthy food access is an issue for many in Bexar County:
 - 11% of total population is estimated to be food insecure
 - A fifth of the county is considered a food desert²



CITY OF SAN ANTONIO METROPOLITAN HEALTH DISTRICT Bexar County Identified Priority Health Issue: Drug and Alcohol Abuse

Health Impact Index=44.5

Trends and current state of drug and alcohol abuse



Nationally

- Each year more than 2,200 alcohol overdose deaths occur in the United States, 76% of those are men.³
- 9,967 deaths occurred in motor vehicle crashes while driving under the influence of alcohol, which is 31% of all traffic-related fatalities in the United States.³

On Jan 26, 2019, Metro Health held a Prioritization Task Force Meeting which was attended by 30+ organizational partners and community members, in order to conduct a prioritization process and select the strategic health priorities for the Metro Health Department:

- Fact sheets on the 10 priority health issues were presented, reviewed, and discussed.
- A two-step prioritization and voting process was then conducted by the group, which involved development and ranking of criteria, and selection of the top 4 from the 10 priority health issues.

Next, from February 18 to 22, 2019, 199 Metro Health staffers voted on 3 major focus areas within each of the top 4 priority health issues.

	Top Strategic Health Priorities for Metro Health:
1.	Access to Health Care (Focus areas: preventing depression and anxiety, economic stability, immigrant friendly services)
2.	Adverse Childhood Experiences (Focus areas: community awareness, healthy teen relationships, parent support)
3.	Nutrition (Focus areas: childhood nutrition, access to affordable healthy food, employer based nutrition standards)
4.	Violence (Focus areas: gun violence, domestic abuse, child abuse)